

## The Elusive Cause Behind the Cause

- or -

**“Getting back to the basics, because there is no magic bullet!”**

By Cathie Jordan (CJ)

The concept of looking for the Cause behind the Cause is used in many modalities, including psychology, counseling, and holistic health. While some problems are immediate and observable, in many cases the root causes behind the energy instability are hidden. They can be more difficult and complex to define and find. However, because they *are* the root causes, or “the cause behind the cause”, they must be dealt with in order to truly resolve the energy imbalance. In this briefing, we will consider the first level of hidden issues that can eliminate many issues and problems.

### **Focus on Radionics**

It does not matter what you are researching, you should always start in the beginning. We learn to do our research with the tools we have at hand. These analyzing and balancing tools can include Dowsing (which can take many forms like using your fingers, pendulum, sticks, or rubbing on an object), Instrumentation (like those utilizing Radionics, Crystals and their energetics), Laying on of Hands (contact healing, Therapeutic touch, Reiki therapy), utilization of Frequencies (Rife techniques), or other modalities. All of these tools and techniques may help identify energy imbalances and attempt to bring the energetics of that Being back into proper balance. In other words, there can be many tools in the toolbox to help the researcher or practitioner.

Radionics focuses on the subtle energy field rather than the physical body. It is considered to be complementary to wellness in many countries, especially in Europe, but this idea is still controversial in the United States and other places. Whatever the legal considerations, its important to remember that radionics is no replacement for proper medical care delivered by licensed professionals.

One of the first things that is taught in using a Radionics instrument is how to evaluate the item or subject you are researching by determining the Appropriateness of the evaluation and ultimate broadcast, the General Vitality of that subject, the Spiritual Awareness or representation of the subject being researched, and reviewing any and all distortions in the Auric Field of the subject. The General Vitality (GV) is the *baseline* by which the radionic instrument operator sees all other things related to the subject being researched.

### **Begin at the Top**

I start my search for the Cause behind the Cause using the KRT Animal Analysis Worksheet. The top left corner of the sheet contains the following *critical* information:

### Appropriate Yes/No [100.00-0.00]

This prompts the researcher to ask whether this is the time to evaluate or balance the energy of the subject. This can be tested by setting one bank of the instrument to "100.00-0.00" and checking for an Intensity above 50. However, this is truly a dowsing step and may also be checked by stick on the reaction plate/antenna, or with a pendulum.

### General Vitality [9.00- 49.00]

General Vitality of your subject is a way of looking at the overall balance of physical, mental, emotional, inner spirituality, and individual variation, as well as the subject's personal influences and environmental circumstances. It is the baseline to be used for comparing all following Intensity readings. "GV" represents an average of all the positive and negative energies found in the subject.

Like a hot air balloon, adding more hot air (positive energy) will cause the balloon to rise. But removing dead weight (negative energy) will also cause the balloon to rise. Either action will thus lead to a higher General Vitality, even though we do never balance directly on GV.

### White Light [12.00- 22.00]

"White Light" is a summary of the spiritual state of the subject. If the reading is low, it will alert you to look at the darker side of things - dark forces and the like - as the spirituality around the subject may be in question.

### Aura Distortion [43.00- 28.00]

The aura is the layers of naturally occurring energy fields extending out from the subject. Some of the areas that can be affected by aura distortion are traumas, such as surgeries or accidents, which affect the emotional well-being of the subject. Even simple negative thought patterns can cause an affect in the aura. And always consider environmental influences and lifestyle choices of the subject.

I am a strong proponent of having the Aura Distortion balanced to an Intensity of zero utilizing radionics. If the aura has been compromised any of the following readings in your analysis will not be correct. There have been too many times when a researcher/practitioner will show me the numbers they have written down and said "they do not make sense" or "there is no indication at all that this should be low" or "I would expect it to be low here but not there" or "my numbers seem to be all over the place". Every time this has happened the Aura Distortion was not balanced to zero by the radionics instrument or the use of other modalities.

A disturbance in the auric field will affect any other readings you attempt to capture in the analysis/investigative process, or when you bring balance to your subject, no matter what you think about your skills for clarity in this process may be. A good operator does not overlook the basics to achieve the goals desired.

The aura may be cleared or cleaned radionically, but there are many other modalities that may be used, including visualization and meditative exercises, aromatherapy, crystal therapy, sound therapy, positive mental attitudes or affirmations. Use your favorite technique(s) and recheck to verify the reductions in Aura Distortion.

## **Chakra Balancing**

Chakras are the portals that connect the universal source of living energy with the individual subject. An unbalanced or blocked chakra will struggle to provide enough energy for the well-being of the subject, often with problems occurring in the specific area of the body surrounding that chakra. Many of the aura clearing modalities mentioned above start or focus on being sure the energetic flow of the chakras are in balance and promoting the well-being of the subject. Many issues will diminish or simply go away completely when this is done.

Basically, when looking at the chakras you are observing the following on the sheet. I have included additional information that may assist in balancing them. Color can be important in your toolbox. If there are personal issues that day in the area of the chakra, you can wear the color to help with addressing those issues. (Check out the book "Let here be Light" by Darius Dinshah for more info on application of color.)

Crown Chakra, *Sahasrara* [36.00-56.00] which is located at the top of head, indicating the spiritual connection, consciousness, awareness. Color: violet or white.

Brow or Third Eye Chakra, *Ajna* [10.00-60.00] which is located between the eyebrows and thought to be responsible for inner wisdom, insight, and perception. Color: indigo or dark blue.

Throat Chakra, *Vishuddha* [28.00-37.00] located in the throat region and indicates self expression, truth, and communication. Color: light blue or turquoise.

Heart Chakra, *Anahata* [60.00-66.00] which is located in the center of chest over the heart and indicates love, compassion, and emotional healing. Color: Green (a very powerful healing color).

Solar Plexus Chakra, *Manipura* [67.00-16.00] located in the upper abdomen and represents personal power, confidence, and willpower. Color: Yellow.

Sacral Chakra, *Svadhistana* [66.00-22.00] located in the lower abdomen and represents creativity, sensuality, and emotional balance. Color: Orange.

Base or Root Chakra, *Muladhara* [66.00-56.00] which indicates grounding or survival instincts, including basic needs. Color: Red.

After clearing and/or balancing, these should all equal General Vitality to be operating at peak. The energy flow is so important through them to achieve stability in the systems concerned. If any of the chakras do not hold at GV, go to the Chakra worksheet and check (analyze) for any elements that are below GV, then balance all related rates. The Chakra Balancing Worksheet is available for free in the *KRT Electronic Rate Book Online* ([www.kellyratebook.com](http://www.kellyratebook.com)). Follow the link and click on the box marked "Library" at the top of the page.

## **Elimination Systems**

On the Animal Analysis worksheet, you will find five listed elimination systems. Ideally, each should have an Intensity reading equal to General Vitality. If not, balance each for the time indicated by your dowsing. Then recheck those systems that initially measured below GV in a couple of days to see if the system(s) have held at the balanced level.

If they have dropped again, look deeper into the system itself. This can be accomplished in one of two ways: Check out *KRT Radionics Book 5: Delawarr Conversion Rates*; or go to *KRT Electronic Rate Book Online* and a run a search for the system. Check each rate in that Elimination System and balance those that are lower than GV. Many times, this will allow the whole system to balance more easily and bring that system back to proper balance, thereby correcting itself.

The main Elimination Systems covered on the Animal Analysis Worksheet are:

Kidneys 1E [03.00-82.00] includes the adrenals, coccyx, ovaries/testes/uterus. The primary function is to filter waste products from the system. It helps regulate fluid balance and aid in moderating blood pressure.

Spleen 2E [04.00-95.00] also part of the digestive system, it includes the bladder and prostate.

Colon 3E [08.00-72.00] responsible for digestion and absorption of nutrients from food and eliminates undigested food and waste products.

Liver – 4E [17.00-29.00] covers the gall bladder, stomach, Ileocecal but also acts a filter of toxins for the system.

Lungs 5E, Respiratory System [92.00-83.00] this system consists of the nose, throat, and lungs. This system allows the body to take in/inhale oxygen and release/expels carbon dioxide as its waste.

There are other systems that provide elimination functions, but the above five are the ones most important to the radionic evaluation. Two more to check are:

Skin [0.00-99.00] includes hair, nails and sweat glands. Sweat glands help regulate body temperature and excretes small amounts of waste and toxins through the sweat.

Lymphatic System [44.00-41.00] the system plays a role in filtering and eliminating waste and cellular debris.

### **Finish the Worksheet**

After all these elements are balanced and operating smoothly, complete an analysis of the rest of the Animal Analysis Worksheet balancing anything on the front side of the sheet that is below General Vitality. Everything on the back side of the sheet should be balanced to zero.

After the initial completion of the worksheet, you can recheck the systems discussed to verify that positive things are holding closely to General Vitality. If they do not, you have not located the Cause behind the Cause and more research will be required using the clues provided by the individual items on the worksheet. To optimize energy balance, repeat this process every six to nine months.

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